

**Entry Form**

**Date:** **22nd August 2015 @ 1.25pm**

**Where: Gladstone Park, Barry**

**WALK A MILE IN HER SHOES**

**Think you’re hard enough.....Man Up and take part!**

**Join us on our sponsored walk where we encourage men to take a stand against violence toward women by walking a mile in a pair of women’s shoes.**

## All proceeds are donated to Atal Y Fro, Helping families to break the cycle of domestic violence.This is, we believe, an important issue to address because:

* 1in 4 women will experience physical abuse in their lifetime
* 2 women a week are killed in the UK as a result of domestic violence
* 40% of young people have experienced domestic violence in their relationships
* Almost a million children witness domestic violence at home every year in the UK



**Entry Fee: £2**

**Additional Donations:** £\_\_\_\_\_\_\_\_\_\_:\_\_\_\_\_\_\_\_\_



**Payment of entry fee to be made on return of entry form or on the day of event**

 **Additional Donations can be made by:**

• Cash or Cheques payable to 'Atal y Fro’ and posted to: 222 Holton Road, Barry, Vale

 of Glamorgan, CF63 4HS

• Visiting Atal Y Fro website (www.atalyfro.org) and click on link to ‘Virgin Money Giving’







**By walking with us today you can pledge**

**Never to commit, condone or remain silent about violence against women.**



**Data protection**: the information provided on this form will only be used in relation to your participation in ‘Walk a Mile in Her Shoes’.

**Entry Form**

First name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Surname: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Male:  Female: 

Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Post Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mobile Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**In case of injury whilst on walk:**

Emergency Contact:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Emergency Tel: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How did you find out about ‘Walk a Mile in Her Shoes’?

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Please tick this box if you give permission for Atal Y Fro to send you information about future events: 





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Registered Charity1034188