

## How to Apply

If you would like to apply to become a volunteer please contact the office on 01446 744755 or email the Volunteer Co-ordinator [ana@atalyfro.org](mailto:ana@atalyfro.org) who will be able to send you an application form.

Once the completed form is received by the Volunteer Co-ordinator who will assess the application, contact will be made to discuss the opportunities available and inform you of the outcome.

If you would like more information on Volunteering please contact

**Lana Gould on 01446 744755**

Email: [ana@atalyfro.org](mailto:ana@atalyfro.org)



**Atal y Fro is a unique  
organization  
dedicated to the elimination of  
domestic violence.**

Atal y Fro, 198 Holton Road, Barry,  
Vale of Glamorgan, CF63 4HN

Office opening hours:

Monday - Friday 9am - 4:30pm

Phone: 01446 744755

E-mail: [info@atalyfro.org](mailto:info@atalyfro.org)

[www.atalyfro.org](http://www.atalyfro.org)



**VOLUNTEERING  
INFORMATION  
LEAFLET**

**AT ATAL Y FRO WE WORK  
TOGETHER TO  
SAFEGUARD ADULTS AND CHILDREN**



Registered Charity Number  
1034188

## Our Volunteering Project

First of all, a big thank you for taking the time to find out about Atal y Fro and how you may be able to help support us in volunteering.

Atal y Fro are based in Barry, Vale of Glamorgan and support families to break the cycle of domestic abuse.

We have compiled this information leaflet to help you understand the work of our organisation and the volunteer opportunities we have available.

We understand that you may have many questions to ask which may not necessarily be covered in this leaflet, so please approach ANY member of the Team, who will be more than willing to help. If you decide to join us we hope you gain valuable experience from using and developing the skills you bring with you.

The volunteering opportunities we have to offer are very varied, but provide a much needed service to our service users and provide volunteers with a varied array of skills.

- Events / Fundraising
- Office Cover
- Children and Young Persons Services
- Volunteer Support Worker
- Refuge Accommodation
- Befriending scheme



## What Can You Expect

- The opportunity to develop new and existing skills
- To work as part of a team delivering a valued service
- To receive induction training
- To access other training as needs are identified
- To be included in all social events organised by Atal y Fro receive regular supervision and support
- To be covered by insurance
- A Disclosure and Barring Check undertaken before you start
- To receive a reference following 6 months of regular volunteering
- To be included in all social events organised by Atal y Fro.



**“We feel that volunteering is about building your own skills, widening your network, having fun whilst helping others”.**

## Volunteering Opportunities

**Events** - We are looking for assistance in organising fundraising events and events for our service users, this has previously been coffee mornings, Easter egg events, summer events and even have had an evening with Santa!

**Office Cover** - You may be helping by covering the front desk, this entails dealing with enquires in person or via telecom, inputting of statistics and other office requirements.

**Children and Young Persons Services**– The volunteer would be working with children aged 4+ this includes 1-2-1 work, group work, events and activities.

**Volunteer Support Worker** - The volunteer support role is to work with the key worker to provide support and to represent the organisation to families for any relevant issues relating to Domestic Abuse and its effect.

**Refuge Accommodation**- Refuge volunteers assist the support workers, befriend tenants, gardening projects, cooking and baking, meal preparations, assisting the tenants with communal living.

**Befriending service** - To provide regular phone contact for updates on service user and their welfare.

**V o l u n t e e r**  
*You can make a difference!*